



gannon
ASHTANGA VINYASA YOGA

Teacher Apprenticeships

Application form for Courses 2010

Everyone must go through this application process before being awarded a space to book on Michael's Trainings.

- 1- Name; Age; Where are you from/where do you live?
- 2- How long have you been practicing yoga? What Styles, teachers, where, etc...?
- 3- What is your level of competence in the Ashtanga sequence and with which Ashtanga teachers?
- 4- Have you ever practiced with Michael Gannon? Where?
- 5- What does your regular yoga practice consist of?
- 6- Why do you want to participate in this Training Intensive?
- 7- What does Yoga mean to you?
- 8- Are you currently teaching yoga? What, Where, for how long, etc...?
- 9- You must include 2 letters of recommendation from yoga teachers you have worked with. If you are currently teaching yoga, you may include one from a student.

Book/Material Requirement List

- 1- We will use **ASHTANGA YOGA** (book) , by Lino Miele
- 2- And **AWAKEN YOUR LIFE FORCE AND QUIET YOUR MIND** (CD) by Michael Gannon.
- 3- **Primary Series Poster** by Michael Gannon (large size).

You must have both of these items more than one month before the start of the course. To be used with your 30-day Pre-Study Program. Lino's book is not regularly available in Mexico (and sometimes in the States). If we have them in stock you can buy one from Michael Gannon Yoga directly. The CD and Poster is available online around the world. See www.MichaelGannonYoga.com for availability details.

*Other recommended item (not required) that will give you additional information on history, philosophy, techniques and inspiration is **From Heaven to Earth** (DVD) by Michael Gannon.*

Playa del Carmen, Mexico September 6-28, 2010

US\$2,500 includes course tuition only.

- 1- US\$800 deposit immediately upon acceptance of application
- 2- US\$900 before April 1, 2010
- 3- US\$800 final payment before July 1, 2010

Refund Policy for Yoga Teacher Apprenticeship Trainings

Payments 80% refundable more than 30-days prior to start of any Training.
Payments 50% refundable within 30-days of any Training
No refunds within 15-days of start date of any Training.

Payment Options

You have several options to pay for your GAVY Teacher Apprenticeship with Michael.

- 1- Mail certified check, bank draft or money order to address in USA payable to:
Michael Gannon
9 Callisto Rd.
Bluffton SC 29909

- 2- Banks Transfer/Deposit in USA to:
Wachovia Bank
4355 Towne Lake Parkway
Woodstock GA 30189
(770) 695-1050

Routing #06 1000 227
Account #10102 2228 6633
Swift Code: PNBPUS 33
Account Name: Michael R. Gannon

- 3- Bank Transfer/Deposit in Mexico to:
Santander Serfin

Account #60- 5220-8259-6
Account Name: Michael Gannon
Clabe Interbancario: #0141-8060- 5220-8259-65

4- Banks Transfer/Deposit in the UK & Europe to:

HSBC

Sort Code: 400-333

Account # 400-333-7139-3847

Swift # MIDLGB22

Account Name: Michael R. Gannon

HSBC

Lion House, 25 Islington High Street

Islington, London N1 9LJ

Tel: 08457 404 404

International bank account number: GB31MIDL400033371393847

Branch Identifier Code: MIDLGB2141B

NOTE of Bank Wire Transfer Fees: Each bank wire transfer incurs bank-processing fees on our end. You must add the appropriate additional fee onto your payment total. US\$15 for national wire transfers and US\$25 for International wire transfers.

Please include appropriate notations on all wires along with your name to help identify the wire. Also send an email (include wire transfer confirmation number) alerting us of your transfer so we can verify it and send you a confirmation via email. For your own security, make sure your bank gives you a confirmation number for the wire transfer.

Yoga Holiday and Trainings Payments Schedule:

All final payments are due **90 days before the start date** of any Yoga Holiday or Training unless stated otherwise. *Trainings have payment schedules specific to each training.*

Yoga Holiday and Trainings Refund Policy:

All payments are 80% refundable more than 30 days before the start of any Yoga Holiday or Training. Within 30 days of any Yoga Holiday or Training all payments are 50% refundable.

No refunds within 15 days of the start of any Yoga Holiday or Training.