



# **gannon**

ASHTANGA VINYASA YOGA

## **Teacher Apprenticeships**

### *Application form*

Everyone must go through this application process before being awarded a space to book on Michael's Trainings.

- 1- Name; Age; Where are you from/where do you live?
- 2- How long have you been practicing yoga? What Styles, teachers, where, etc...?
- 3- What is your level of competence in the Ashtanga sequence and with which Ashtanga teachers?
- 4- Have you ever practiced with Michael Gannon? Where?
- 5- What does your regular yoga practice consist of?
- 6- Why do you want to participate in this Training Intensive?
- 7- What does Yoga mean to you?
- 8- Are you currently teaching yoga? What, Where, for how long, etc...?
- 9- You must include 2 letters of recommendation from yoga teachers you have worked with. If you are currently teaching yoga, you may include one from a student.

### **Book/Material Requirement List**

- 1- We will use **ASHTANGA YOGA** (book), by Lino Miele
  - 2- And **AWAKEN YOUR LIFE FORCE AND QUIET YOUR MIND** (CD) by Michael Gannon.
  - 3- **Primary Series Poster** by Michael Gannon (large size).
- You must have both of these items more than one month before the start of the course. To be used with your 30-day Pre-Study Program. Lino's book is not regularly available in Mexico (and sometimes in the States). If we have them in stock you can buy one from Michael Gannon Yoga directly. The CD and Poster is available online around the world. See [www.MichaelGannonYoga.com](http://www.MichaelGannonYoga.com) for availability details.

*Other recommended items (not required) that will give you additional information on history, philosophy, techniques, practices and inspiration are **From Heaven to Earth** (DVD) by Michael Gannon, and **Opening Your Heart – Elements of Backbending** (DVD) by Michael Gannon*

## **Playa del Carmen, Mexico - September 5-27, 2011**

*US\$2590 Includes course tuition only. (We recommend places to stay)*

- 1- US\$850 deposit immediately upon acceptance of application
- 2- US\$900 before April 1, 2011
- 3- US\$840 final payment before July 1, 2011

Save \$100! Make one payment of \$2,490 before May 1, 2011 *(not applicable with paypal)*

### **Refund Policy for Yoga Teacher Apprenticeship Trainings**

Payments 80% refundable more than 30-days prior to start of any Training.

Payments 50% refundable upto 15 to 30-days prior to any Training

No refunds within 15-days of start date of any Training.

### **Payment Options**

You have several options to pay for your GAVY Teacher Apprenticeship with Michael.

- 1- Mail certified check, bank draft or money order to address in USA payable to:  
*Michael Gannon*  
9 Callisto Rd.  
Bluffton SC 29909
- 2- Banks Transfer/Deposit in USA to:  
*Ask for bank details*
- 3- Bank Transfer/Deposit in Mexico to:  
*Ask for bank details*
- 4- Banks Transfer/Deposit in the UK & Europe to:  
*Ask for bank details*
- 5- Credit Card on michaelgannon yoga.com via **Paypal**

**NOTE of Bank Wire Transfer Fees:** Each bank wire transfer incurs bank-processing fees on our end. You must add the appropriate additional fee onto your payment total. US\$15 for national wire transfers and US\$25 for International wire transfers.

Please include appropriate notations on all wires along with your name to help identify the wire. Also send an email (include wire transfer confirmation number) alerting us of your transfer so we can verify it and send you a confirmation via email. For your own security, make sure your bank gives you a confirmation number for the wire transfer.

### **Yoga Holiday and Trainings Payments Schedule:**

All final payments are due **90 days before the start date** of any Yoga Holiday or Training unless stated otherwise. *Trainings may have payment schedules specific to each training.*